



National Alliance on Mental Illness

# NAMI | St. Tammany

As we face these unprecedented times, NAMI St. Tammany remains committed to providing free, valuable, and up-to-date resources that our community depends on. We are utilizing our NAMI St. Tammany behavioral health mobile app and online resource directory to post the latest community resources during this pandemic, including informational documents from St. Tammany Parish Government, local hospitals, clinics, and our community partners.

This easy-to-use tool is available to anyone as a free download for iOS or Android and can be used to anonymously share vital information with employees, business partners, or anyone in your communication network. Resources or documents within the searchable database can be sent via text or email without sharing any of your personal contact information or requiring any additional downloads by the recipient.

Containing over 300 local resources, including information on addictive disorders and suicide prevention, the NAMI St. Tammany mobile app and online resource directory allows users to search by city or category in order to locate the most appropriate resource for you or your loved ones.

As our staff works to acquire and prepare the latest documents, we will post to our mobile app and online resource directory as soon as they become available.

Remember that NAMI St. Tammany is here to help. You are not alone.

[To access the NAMI St. Tammany app on iTunes, click here.](#)

[For Android users, click here to access the NAMI St. Tammany app in the Google Store.](#)