



**nami**

National Alliance on Mental Illness

**Family  
Support Group**

You are  
not alone.



## Why should I attend?

- For adults whose loved ones are living with mental illness.
- Find help, hope and support in a confidential setting.
- Facilitators are trained family members who have been there.
- Gain strength and understanding from others with similar experiences.

A FREE Monthly Support Program

All groups meet from 7:00 to 8:30PM

### **SLIDELL - First Tuesday of every month**

First United Methodist Church • In The Gathering Place  
hosted by Living Hope Ministries  
433 Erlanger Ave. Slidell, LA 70458  
(Enter through breezeway near bell tower)

### **COVINGTON - Second Tuesday of every month**

Lakeview Regional Medical Center • In the Pelican Room  
95 Judge Tanner Blvd. Covington, LA 70433  
(Main Hospital Building, Registratino Pavillion Entrance)

*\*No registration is required. Group schedule and locations may be subject to change.*

For more information on this program and other mental health care resources, contact:



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**St. Tammany**

985-626-6538 • Toll Free: (888)521-2297

info@namisttammany.org • www.namisttammany.org

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