



Family Support Group

A FREE Monthly Support Program. You are not alone.

Why should I attend?

- For adults whose loved ones are living with mental illness.
- Find help, hope and support in a confidential setting.
- Facilitators are trained family members who have been there.
- Gain strength and understanding from others with similar experiences.



Groups meet from 7:00 p.m. to 8:30 p.m.

Slidell – first Tuesday of every month

The Gathering Place at
First United Methodist Church
hosted by Living Hope Ministries
433 Erlanger Ave. Slidell, LA 70458
(Enter through breezeway near bell tower)

Covington – second Tuesday of every month

The Pelican Room at
Lakeview Regional Medical Center
95 Judge Tanner Blvd. Covington, LA 70433
(Main Hospital Building, Registration Pavillion Entrance)

No registration is required. Groups may be subject to change.

For more information on this program and other mental health care resources, contact:



St. Tammany

(985)626-6538 toll free (888)521-2297 info@namisttammany.org www.namisttammany.org