



# Family Support Group

A FREE Monthly Support Program. You are not alone.

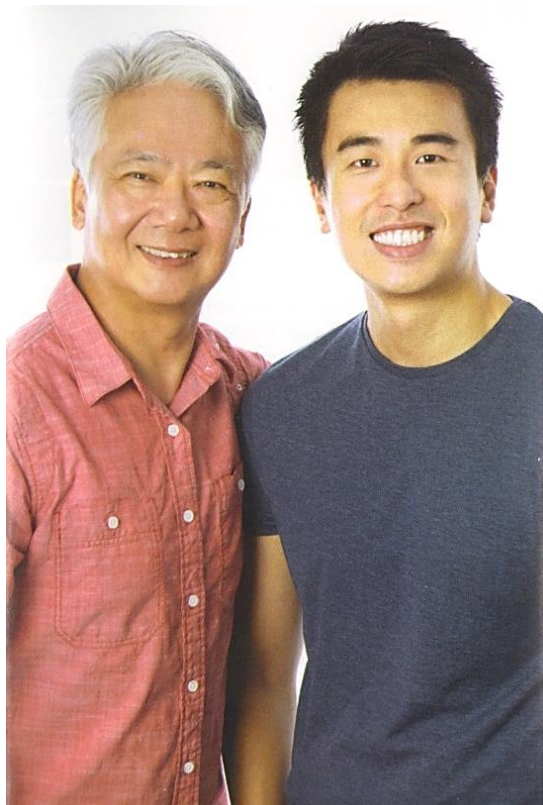
## Why should I attend?

- For adults whose loved ones are living with mental illness.
- Find help, hope and support in a confidential setting.
- Facilitators are trained family members who have been there.
- Gain strength and understanding from others with similar experiences.

**Group meets the second Tuesday each month  
from 7 p.m. to 8:30 p.m.**

**The Pelican Room  
Lakeview Regional Medical Center  
95 Judge Tanner Blvd.  
Covington, LA 70433**

**(Main Hospital Building, Registration Pavilion Entrance)**



No registration is required. Groups may be subject to change.  
For more information on this program and other mental health care resources, contact



(985)626-6538 toll free (888)521-2297 [info@namisttammany.org](mailto:info@namisttammany.org) [www.namisttammany.org](http://www.namisttammany.org)